

# CAMP OF CHAMPS

## 2010

DO YOU WANT TO HAVE FUN? Do YOU want to improve your game? Then come to the Alpharetta Lady Raider 2010 Camp of Champs.

8:30-8:35 MORNING WELCOME

8:35-8:45 CAMP STRETCH

8:45-9:15 BALL HANDLING AND RELAYS

9:15-10:00 STATIONS

10:00-10:10 MORNING BREAK

10:10-10:20 SKILLS OF THE GAME TALK

10:20-10:35 FREE-THROW COMPETITION

10:35-11:05 HOT SHOT, MONEY BALL,

DRIBBLE RELAY

11:05-11:35 TEAM DRILLS OFFENSE/ DEFENSE/

PASSING

11:35-12:00 PRINCIPLES OF TEAM

DEFENSE

12:00-12:25 3 ON 3 COMPETITION

12:25-12:30 CAMP GOTCHA



## LADY RAIDER BASKETBALL

### 2010

Please mail application to:

ALPHARETTA HIGH SCHOOL  
c/o Angela Anderson  
3595 WEBB BRIDGE RD  
Alpharetta GA 30005

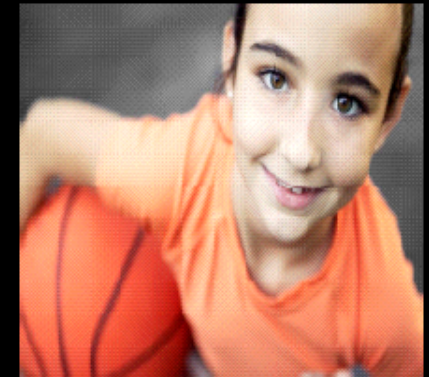
If you have questions please contact us by:

Phone: 678-656-7571

E-mail: [andersona@fultonschools.org](mailto:andersona@fultonschools.org) or visit

[www.ahsladyraiderbasketball.com](http://www.ahsladyraiderbasketball.com)

## LADY RAIDER BASKETBALL 2010



## CAMP OF CHAMPS

Date: June 14-16

Time: 8:30AM-12:30 PM

# ALPHARETTA HIGH SCHOOL SUMMER CAMP



Head coach Angela Anderson

Coach Anderson is the head coach at Alpharetta High School. She is entering her seventh season with the Lady Raiders. Coach Anderson is originally from the basketball rich East Tennessee area of Sweetwater, Tennessee. She played college basketball at Georgia State University. Coach Anderson is entering her 12th year teaching and coaching. She started her coaching and teaching career at Woodland High School where she served as the Varsity Assistant for six years. She is proud to be a Lady Raider and hopes you join her in this years camp!!!!



**Late Registration will also be held for 30 minutes before session. There will be an additional 5.00 charge for registration on the day of each camp. Please mail this form by June 1st to Coach Anderson to reserve a spot in camp or if you have questions please call.**

**RELEASE AND WAIVER OF LIABILITY**

**(Please read and sign the following statement)**

**I hereby authorize the Raider Basketball Camp to act for me in the event of a serious emergency (requiring medical attention), and I hereby waive and release the Raider Basketball Camp and its directors from any and all liability for injuries and illness incurred while attending camp. In addition, I certify that my child is in good health and is able to participate in all program activities. Furthermore, in the event of an emergency requiring medical attention, I shall pay for the services rendered.**

**Please sign and date below:**

**Print Name:** \_\_\_\_\_

**Sign:** \_\_\_\_\_

**ALPHARETTA LADY CAMP OF CHAMPS**

Sign up for: select below	Time	Price
<input type="checkbox"/> Individual Camp JUNE 14-16	8:30-12:30	\$85.00
<input type="checkbox"/> Shooting Camp JUNE 28-29 (co-ed)	9:00-12:00	\$50.00
<input type="checkbox"/> I WANT TO ATTEND BOTH!!!		\$125.00

Subtotal: \_\_\_\_\_

Total: \_\_\_\_\_

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

Method of Payment: Make Checks payable to AHS Girl's Basketball

Check

CASH

\_\_\_\_\_  
Signature

T-Shirt Size (adult sizes) S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

**LADY RAIDER BASKETBALL 2009**

**Return Form to:**  
COACH ANGELA ANDERSON  
678-656-7571

ALPHARETTA HIGH SCHOOL  
c/o Angela Anderson  
3595 WEBB BRIDGE RD  
Alpharetta, GA 30005

Phone: 678-656-7571

E-mail:  
andersona@fulton.k12.ga.us